



CTISP-DI

Chadwick Trauma-Informed Systems Project - Dissemination and Implementation

CTISP-DI Resources Page

The following resources have been developed by the Chadwick Trauma-Informed Systems Project (CTISP) and CTISP-DI staff with insight from other Chadwick Center for Children and Families staff members:

- **Trauma-Informed Child Welfare Practice Toolkit** – A toolkit designed for child welfare jurisdictions to help them move towards becoming more trauma-informed. Click [here](#) to download the entire toolkit. Conversely, you may download the following resources individually:
 - ⇒ **Creating Trauma-Informed Child Welfare Systems: A Guide for Administrators** - This 15-chapter guide contains multiple resources designed to assist the child welfare and mental health workforce in creating a more trauma-informed child welfare system. It was designed as a tool for administrators across the child welfare and other child-serving systems who are interested in having their systems become more trauma-informed and responsive to the needs of children and families within the child welfare system who have experienced traumatic events.
 - ⇒ **Trauma System Readiness Tool (TSRT)** – This is a community assessment tool that can be completed by individuals within the child welfare workforce to determine the trauma-informed nature of their system.
 - ⇒ **Desk Guide on Trauma-Informed Mental Health for Child Welfare** – This guide is designed to assist child welfare workers and supervisors in understanding mental health services available for children in the child welfare system. Through their advocacy and support for appropriate mental health services, child welfare professionals can help all children live in safe and stable homes and receive the support they need to thrive.
 - ⇒ **Desk Guide on Trauma-Informed Child Welfare for Child Mental Health Practitioners** – This guide is designed to assist child mental health professionals in increasing their knowledge of the policies, practices, and culture of the child welfare system. This increased understanding will assist both child welfare and child mental health providers in delivering the best services for the children and families they see.
 - ⇒ **Guidelines for Applying a Trauma Lens to a Child Welfare Practice Model** – These guidelines are designed to be a resource for child welfare agencies as they strive to update or articulate their current practice model. The guidelines provide concrete strategies on how to update the common aspects of a practice model so that it may become more trauma-informed.
- **Trauma-Systems Readiness Tool – Short (TSRT-S; In development)** - The *TSRT-S* is a shortened version of the *Trauma Systems Readiness Tool* with 61 items designed to measure the trauma-informed nature of a child welfare system and aligned with the Essential Elements of a Trauma-Informed Child Welfare System developed by the Child Welfare Committee of the National Child Traumatic Stress Network (NCTSN).
- **Trauma-Systems Readiness Tool – Cross-System (TSRT-CS; In development)** - The *TSRT-CS* is a 16-item self-report measure that was designed for a child welfare services department to use as it assesses the trauma-informed nature of the extended community that interacts with children and families involved with their department. The *TSRT-CS* was designed to be administered to multiple informants across the community. It can be completed across regions within a state or county.

Additional Resources for Creating Trauma-Informed Child Welfare Systems:

- **Child Welfare Trauma Training Toolkit** - The *Child Welfare Trauma Training Toolkit, 2nd Edition* is designed to teach basic knowledge, skills, and values about working with children who are in the child welfare system and who have experienced traumatic events. The toolkit teaches strategies for using trauma-informed child welfare practice to enhance the safety, permanency, and well-being of children and families who are involved in the child welfare system.
- **Caring for Children who have Experienced Trauma: A Workshop for Resource Parents (RPC)** - RPC is a PowerPoint-based training curriculum designed to be taught by a mental health professional and foster parent as cofacilitators. It includes nine case studies of representative foster children from the ages of eight months to 15 years, as well as cases of secondary traumatic stress in parents.
- **Helping Children in the Child Welfare System Heal from Trauma: A Systems Integration Approach** - This is a report on the results of a survey conducted among child-serving agencies in a number of states. Primary goal of the survey was to understand how various service systems and agencies communicate with each other about trauma in the children they serve. Also identifies the ways agencies may inadvertently be re-traumatizing some children, how they promote a child's healing following a traumatic event, and gaps in communication among agencies and systems. Knowledge gained from the survey can inform the development of training and educational materials to breach the gaps and to improve collaboration.
- **Using Trauma-Informed Child Welfare Practice to Improve Placement Stability: A Breakthrough Series Collaborative** - In September 2012, the NCTSN, with funding from SAMHSA, launched a Breakthrough Series Collaborative (BSC) which focused on developing and implementing trauma-informed child welfare practices that would increase the probability that children who need out-of-home placement remain in a single appropriate and stable home whenever possible. This BSC included nine teams from around the country, each representing a partnership between the public child welfare agency and a mental health agency or organization that provided evidence-based interventions for child trauma to children in foster care. Each team included administrators, supervisors, case workers, clinicians, a birth parent, a foster parent, and, on occasion, a youth. These teams worked together from October 2010 through September 2012 to test, implement, and sustain trauma-informed strategies and practices that showed promise in improving placement stability. This resource highlights the work of these teams.
- **Birth Parents with Trauma and the Child Welfare System** - This factsheet series from the Birth Parent Subcommittee of the Child Welfare Committee highlights the importance of understanding the serious consequences that trauma histories can have for birth parents and the subsequent potential impact on their parenting. The following factsheets can be accessed from the NCTSN website or by clicking below:
 - ⇒ **A Guide for Parents**
 - ⇒ **A Guide for Child Welfare Staff**
 - ⇒ **A Guide for Judges and Attorneys**
 - ⇒ **A Guide for Mental Health Professionals**
 - ⇒ **A Guide for Resource Parents**
 - ⇒ **A Guide for Court-Based Child Advocates and Guardians ad Litem**