

Lunch, Learn, & Connect - A New Normal

What are the opportunities? What is your "what if?"

CREATING COMMUNITY RESILIENCE DEC 28, 2020 06:42PM

ANONYMOUS JAN 13, 2021 08:50PM

Confront the violence in our community

This is powerful and needed. – ANONYMOUS

ANONYMOUS JAN 13, 2021 08:50PM

View my hobbies as important self care

More art everyday! – ANONYMOUS

ANONYMOUS JAN 13, 2021 08:49PM

What if workplaces in this community were brave enough to say that Black Lives Matter?

PLEASE!!! – ANONYMOUS

Oh boy, why is this so hard. – ANONYMOUS

CLMCGEEH JAN 13, 2021 08:49PM

Find ways to be more inclusive

ANONYMOUS JAN 13, 2021 08:48PM

Organizations that value healing vs. risk avoidance

ANONYMOUS JAN 13, 2021 08:49PM

Get involved in amplifying voices of community members frequently marginalized and not included in political or civic processes - engage the disconnected

This would be beautiful in our community! – ANONYMOUS

ANONYMOUS JAN 13, 2021 08:48PM

Less in-person meetings forever!

PREACH ON!!!! – ANONYMOUS

ANONYMOUS JAN 13, 2021 08:48PM

The pandemic has given me the ability to be more assertive about my needs to family and coworkers, so I'll be keeping that!

ANONYMOUS JAN 13, 2021 08:48PM

Increase participation of all community members in

ANONYMOUS JAN 13, 2021 08:47PM

Being open and honest about our emotional needs and challenges

ANONYMOUS JAN 13, 2021 08:47PM

More self-care in the workplace and more space to make that possible as a supervisor

ANONYMOUS JAN 13, 2021 08:46PM

Healthy work/life balance.

ANONYMOUS JAN 13, 2021 08:46PM

What if we looked towards one another for anything, everything? (Instead of thinking who will be 'the problem' in a situation first)

ANONYMOUS JAN 13, 2021 08:45PM

Normalize Emotional Vulnerability in the Workplace

Yes! – ANONYMOUS

Yes please – ANONYMOUS

ANONYMOUS JAN 13, 2021 08:45PM

Trying to do more for myself and less for work

This is huge! – ANONYMOUS

ANONYMOUS JAN 13, 2021 08:45PM

Valuing a hug with someone you don't see often

ANONYMOUS JAN 13, 2021 08:45PM

Focus on a more healthy and environmentally friendly diet

Environmentally friendly diet! I would love to learn more about how to do this – ANONYMOUS

UC Veg has a lot of resources about whole food plant based diets – ANONYMOUS

Good tip, thank you! – ANONYMOUS

CLMCGEEH JAN 13, 2021 08:45PM

No longer assume I know what others want when I give a donation.

ANONYMOUS JAN 13, 2021 08:44PM

Be an ally

ANONYMOUS JAN 13, 2021 08:45PM

Reaching out more deliberately to listen to neighbors and check in

ANONYMOUS JAN 13, 2021 08:44PM

Listen more, talk less

ANONYMOUS JAN 13, 2021 08:44PM

Letting folks work from home and that be ok (if possible)

ANONYMOUS JAN 13, 2021 08:44PM

Creating stronger boundaries with my work so that I have more balance in my personal life

ANONYMOUS JAN 13, 2021 08:45PM

What if we listened more and shouted less?

YES! – ANONYMOUS

ANONYMOUS JAN 13, 2021 08:47PM

What if there was no social media.

YES! No more masks – ANONYMOUS

ANONYMOUS JAN 13, 2021 08:47PM

Releasing guilt and learning the language of my inner critic so as to translate, heal and grow in self-compassion.

Love this! So much has built up over this last year – ANONYMOUS

ANONYMOUS JAN 13, 2021 08:44PM

What if everyone started to realize others have struggles everyday?

Yes! So many feel they are alone in struggles they face or that they have to have live the perception of a perfect life. If we let our guards down and show our vulnerabilities, then we can truly start to understand one another and better capable of supporting eachother.

– ANONYMOUS

ANONYMOUS JAN 13, 2021 08:45PM

Creative food security and sustainability for our community that is outside of the wheel of capitalism and systems that rely on industry

ANONYMOUS JAN 13, 2021 08:44PM

Actively listening to learn and understand and not listen to respond.
